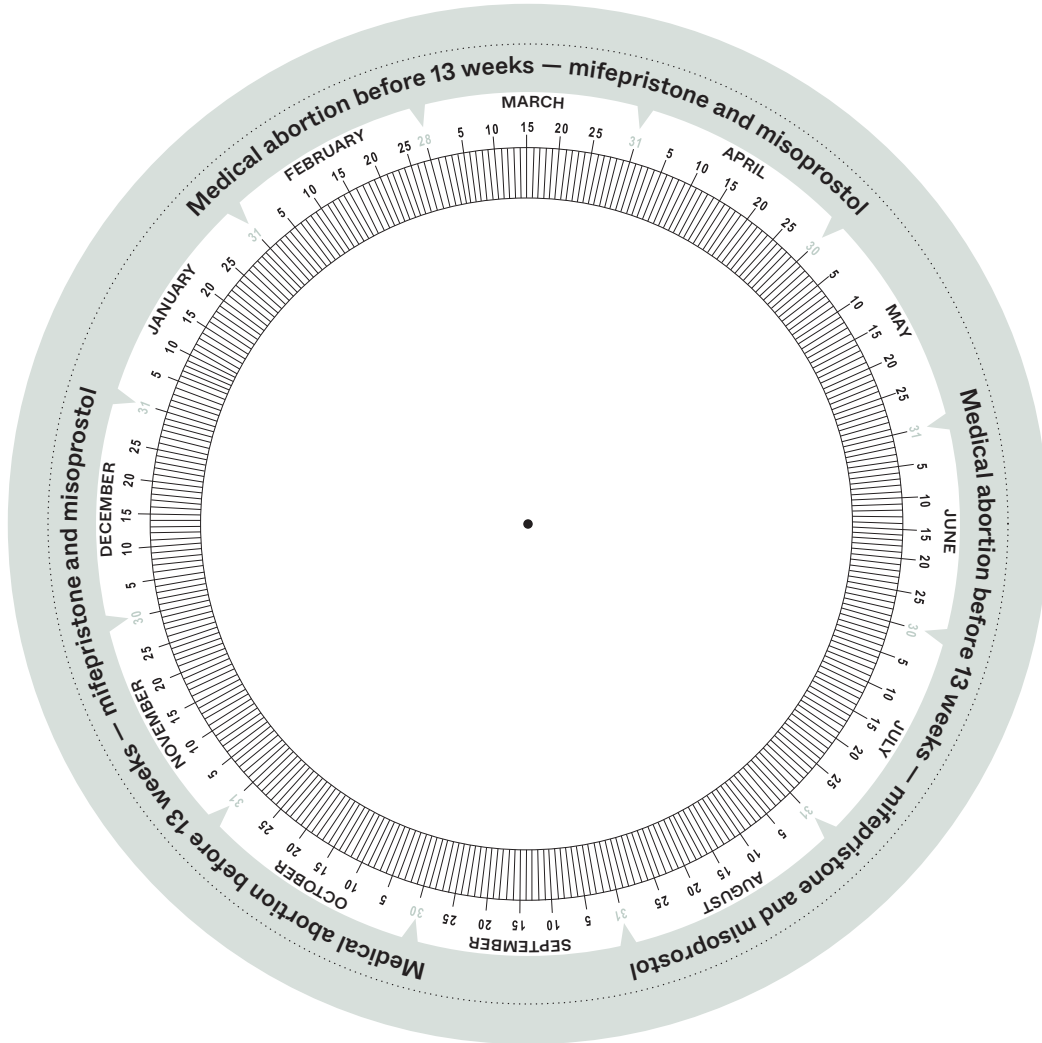


Print and Assembly Instructions for Gestational Dating Wheel for MA (both mife-miso and miso-only versions)

Note: It is *very* important that the small wheel be centered perfectly on the big wheel. If it is not, the number of days of gestation can be skewed and an inaccurate reading will occur. For this reason, it is a good idea to print and assemble a sample copy of the wheel before completing the entire print run.

1. This PDF is arranged with the front side of the big wheel as Page 2, the back side of the big wheel as Page 3, and the small wheel as Page 4.
2. To print the big wheel, ensure that you have selected the “two-sided printing” option on your computer. The PDFs are arranged so the wheels are centered on the page, and therefore your printout should have the front and back sides of the wheel lined up evenly on opposite sides of the page. Print the desired quantity of Pages 2 and 3 together. Do not print page 4 at this time.
3. To print the small wheel, simply print the quantity of Page 4 that you need.
4. Neatly cut out both the large and small wheels along their outer lines—the PDFs have the correct size dimensions so the two wheels will fit together.
5. Center the small wheel over the side of the large wheel that shows the months and days of the year.
6. Use a brad, grommet, or similar connecting device to secure the two wheels together. The brad should anchor the wheels only at the center point, still allowing them to spin freely. Also, ensure that the connecting device does not obscure any text.
7. At this point, your *Gestation Dating Wheel for MA* should be ready to use. Please make sure that all text is legible and the small wheel is perfectly centered on the big wheel.

Dotted outline is trim line



Dotted outline is trim line

MA before 13 weeks — mifepristone and misoprostol

INSTRUCTIONS FOR USING THE WHEEL

Place the arrow marked “First day of last menstruation” on the corresponding date.

DOSAGE AND ROUTES OF ADMINISTRATION:

Green and yellow zones:

- If today's date is in the **green zone**, the gestational age is 9 weeks or less. Mifepristone 200mg orally followed 1-2 days later by misoprostol 800mcg buccally, sublingually or vaginally.
- If today's date is in the **yellow zone**, the gestational age is 9 to 12 weeks, in this case, using at least two doses of misoprostol, administered 3-4 hours apart, improves abortion success rates.
- A combined regimen of mifepristone and misoprostol is effective and safe with abortion success rates over 95%, continuing pregnancy rates around 2% and complication rates of 1-3%.

Orange and red zones:

- If today's date is in the **orange or red** zone, the gestational age is more than 13 weeks. Mifepristone and misoprostol can be used; medical supervision in a facility is recommended.
- For guidance on medical abortion at or after 13 weeks, go to www.ipas.org/2ndtriMA.

WARNING SIGNS

Tell people to contact their health-care provider immediately if they experience:

- Excessive bleeding: soaking more than 2 sanitary pads per hour for 2 consecutive hours, especially if accompanied by prolonged dizziness, lightheadedness, and increasing fatigue.
- Fever and/or severe abdominal pain that occurs any day after the day misoprostol is taken.
- Feeling very sick with or without fever, and persistent, severe nausea or vomiting after the day misoprostol is used.
- Unusual or bad-smelling vaginal discharge, especially if accompanied by severe cramps or abdominal pain.

Tell people to call their health care provider if they have no bleeding one to two days after taking all the pills.

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Dotted outline is trim line

